

December 1993



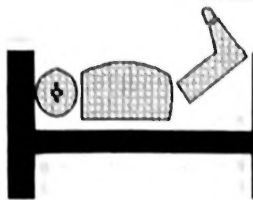
BAR HILL NEWS

The monthly magazine of The Residents Association

The objectives of the BHRA are to act as an intermediary between the residents and other parties, to keep residents informed of matters of importance and recreation in and around the village, and to promote the interests of Bar Hill Village. Opinions expressed in this publication are not necessarily those of the BHRA. This is a private publication and may not be reproduced without permission.



No. 295



Health Centre



780442
Health Visitors - 781855

	Monday	Tuesday	Wednesday	Thursday	Friday	
Surgery Opening Hours	8.20 - 12.00 2.00 - 6.00	8.20 - 12.00 2.00 - 6.00	8.20 - 12.00 2.00 - 6.00	8.20- 12.00 2.00 - 6.00	8.20- 12.00 2.00 - 6.00	AM PM
Dr. R. Newsom	8.30 - 11.00 3.00 - 5.30		9.00 - 11.30 varies - 6.00	9.30 - 11.30 3.00 - 5.30	9.30 - 11.30 3.00 - 5.30	AM PM
Dr. J. Hassan	9.00 - 11.30 3.00 - 5.30	9.00 - 11.30 4.00 - 6.00		9.00 - 11.00 3.00 - 6.00	8.30 - 11.00 3.00 - 6.00	AM PM
Nurse	8.20 - 11.30 3.00 - 6.00		8.20 - 11.30 3.30 - 6.00	10.30 - 12.30 3.30 - 6.00	8.20 - 11.30 4.00 - 6.00	AM PM
Child Immunisation	3.00 - 4.30					PM
Child Health Clinic (GP)				3.00 - 4.00		PM
Child Health Clinic (Health Visitor)		10.15 - 11.45 (School Community Lounge)		2.00 - 4.00 (Health Centre)		AM PM

Saturday	Emergencies Only - a combined practices surgery is held at:- 1, Huntingdon Road, Cambridge. 9.30 - 12.00 am. Tel: (9) 64127
Out of Hours	For URGENT medical attention Tel (9) 356201
Family Planning	During surgery hours
Ante-Natal Patients	Midwife - Wednesdays 2 - 3.30 pm Doctors - During surgery hours.
Health Services	Clinic open during surgery hours (Monday, Wednesday, Thursday & Friday) Smoking * Asthma * Hypertension * Weight control * Travel health Well person * Well women and menopause * Winter health for the elderly Diabetes * Pre-conceptual counselling (couples only)

- * Experience of anxiety ?
- * Dry mouth ?
- * Dizzy ?
- * Tense ?
- * Band around the Head ?
- * Panicky ?
- * Pains in the Neck ?

Bar Hill Self-help Stress Group

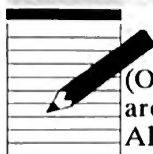
Many of us suffer from the symptoms of stress and this can be frightening. You may be already getting some help from your local doctor, but it is always good to talk to others who are also experiencing the same problems. If you think it will help you to talk to fellow sufferers, then join us.
Give us a ring! 781005

Residents Association Committee 1993-1994

Chairman	Martin Avery	34 Acorn Avenue	781233
Secretary	Jo Hall	11 Almond Grove	780304
Treasurer	Mike Webb	88 Field View	781015
Editor	Margaret Carpenter	48 Foxhollow	781192
Advertising	Bunty Waters	77 Foxhollow	781493
Distribution	Edna Goodman	30 Hillcrest	782558
Printing	Len Sherman	103 Field View	782553
	Jackie Jones	16 Acorn Avenue	781613
	Phyllis James	22 Partridge Drive	781124
	Paul Chubbuck	11 Field View	781688

Copy Dates & Charges

What	Where	When	Cost
Articles & 'What's On'.	Mrs. M. Carpenter, 781192, 48 Foxhollow	15th of the Month	Free
Domestic Ads.	Mrs. M. Carpenter, 781192, 48 Foxhollow	15th of the Month	£0.50
Local Enterprise Ads.	Mrs. M. Carpenter, 781192, 48 Foxhollow	15th of the Month	£2.50
Commercial, 1/4 page Ads.	Mrs. B. Waters 781493 77 Foxhollow	1st of the Month	£9.00
(1/4 page Portrait = 87 * 128 mm & Landscape = 62 * 179 mm)			



Letters to the Editor

(Opinions expressed in this publication are not necessarily those of the BHRA. Alternative view points are always welcome.)

Health Visitors' News

First Aid course

Congratulations to all who attended the Red Cross Course - 100% pass!

Everyone enjoyed this course and has said it was very worthwhile, We hope to run another course later next year.

Missing Books

Can anyone who has a copy of "Toddler Taming" please return them? We have 4 copies missing. We have bought these ourselves at £7.95 per copy, and need them for other people to use. Please leave them either at reception or on our desk. Thank you.

Post natal support group

We are going to start a group after Christmas, to help parents over the weeks after the birth of their baby and discuss various matters such as sleep, crying, weaning, coping with minor illness. Watch this space.

Volunteers needed.

Kind person or persons needed one afternoon a week to make teas at post natal support group at the Health Centre. Please contact Geraldine or Ruth 781855 at Bar Hill Health Centre. Perhaps 2 or 3 people could share a rota?

Finally, we both wish all our clients a Merry Christmas and Happy New Year.

Geraldine Martensz, Ruth Goalen,
Health Visitors.

Thank you

Margaret and Neville Clark would like to thank all their many Bar Hill friends and colleagues at "Happy Hours" and members of the British Legion for their good wishes, help and support during Neville's recent time in hospital, especially the many car drivers who ferried Margaret to Papworth and back daily.

Goodbye

Melanie of "Melanie's Beauty Treatments" wishes to say farewell to all her past and present clients, friends, acquaintances and neighbours. Thank you for your custom and support over the years. It's off to the West Midlands for Christmas to start a new life. Hope you all have a lovely Christmas and Happy New Year; I'm looking forward to mine! Thanks again - keep in touch.

Bar Hill Residents' Association

The AGM will take place on

Friday 21st January 1994

At 8 pm in the School

All residents are welcome to attend but please contact me beforehand, if possible so that we know roughly how many people to expect.

We would particularly like to invite any residents who are interested in getting involved in the organization of the association's activities. These include the Summer Fete, the Fireworks Display and the monthly production of this magazine.

One of the items on the agenda will be a proposed change to the constitution which would allow an amalgamation with the Community Association, who represent Village organizations rather than residents individually. Full details will appear on our notice board outside the library during December.

Martin Avery, Chairman. 781233

Wedding invitation

Annie Wright and Malcolm Ewles

invite all our friends in Bar Hill

to our wedding service,

4 pm Christmas Eve, Bar Hill Church.

Bar Hill Church Centre

In recent months a total of five windows at the new Church Centre have been broken. The damage to at least three was caused by children. The windows are not easy to break, being made of toughened glass, and it is known that in several cases the breakages were the result of deliberate acts of vandalism.

Repairs to these windows are expensive - the larger ones cost several hundred pounds each. This is a matter of concern as it is not uncommon for Insurers to refuse to provide cover for fixtures which are often damaged.

The church cannot expect its insurers to go on meeting the very high cost of window breakages. We wish to bring to the attention of Bar Hill residents, particularly parents, the serious consequences of children's misbehaviour near the church buildings.

In future, as well as notifying the police, we shall be forced to seek to recover the full cost of such repairs from those who have caused the damage. We are publicising this policy in an attempt to encourage a more responsible attitude towards property in the village.



Royal British Legion

At our Annual General Meeting the following officers were elected to serve for 1993/4:

<i>Chairman</i>	<i>Mike Duce</i>
<i>Vice-Chairman</i>	<i>Dave Cook</i>
<i>Secretary</i>	<i>Barbara Cook</i>
<i>Treasurer</i>	<i>Neville Clark</i>
<i>Standard Bearer</i>	<i>Mick Conlon</i>

National Conference Delegate *Barbara Cook*

Our October Dance was once again most enjoyable and a financial success; nearly £200 being raised for the Poppy Appeal.

The Dedication of our Field of Remembrance was duly carried out by Rev. James Newcome, and this short but most impressive ceremony was very well attended and much appreciated by all present. This service was initiated in 1988 by the late Eva Lee, and I am sure that she, who gave and demanded the highest possible standards in work for our cause would have been well satisfied with this year's event.

Members were led by the Standard and Escort to join in the Remembrance Sunday service in Bar Hill Church and once again we are indebted to the Commanding Officer at Oakington for the services of the bugler.

Our Branch was fortunate in being allocated 2 tickets for the Festival of Remembrance at the Royal Albert Hall, and it was agreed that Barbara and Dave Cook should this year have the privilege of attending. As they also stayed in London overnight to be in Whitehall for the Cenotaph Service on Sunday, we will look forward to hearing their impressions on both ceremonies at our next meeting.

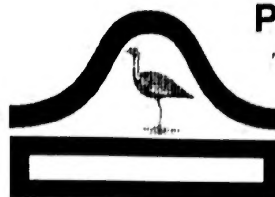
The plans and arrangements for this year's poppy appeal were dealt a severe blow by the serious illnesses of Neville Clark and Sid Hunt. We all join in wishing them a speedy recovery to good health. In spite of these setbacks we received such wonderful responses to our appeals for collectors that we feel this year's poppy appeal may be our best ever. Chairman Mike Duce and Poppy Appeal Organiser Dave Cook would like to thank everyone for their efforts, especially the non-members without whom it would be impossible to carry out our work.

Monthly meetings in the Farmhouse will be on Thursdays 9th December and 13th January, both at 7.30pm.

E. A. Patrick 782136

Found - set of keys

A bunch of keys was found on the seat by the climbing frame on the spine path behind Foxhollow/Hollytrees in early November. 780091



Parish Council Notes

The monthly meeting of the Parish Council was held on Thursday 18th November at 7.30 pm in The Old Farmhouse.

Youth Provision in the Village

Mr. P. Smith from Swavesey Village College explained that 70% of Community Education funding would be put towards youth work, with particular focus on 13 - 17 year olds. Parish Councillors asked if they could meet with two youth workers, who, Mr. Smith advised, had recently moved into Bar Hill to work with youth in the Village.

Local Government Review

There will be a public meeting with County Council and District Council representatives on Friday, 7th January at 7.30 pm in the Village Hall. All residents are welcome to attend.

Additional Litter Bin

It was agreed that a further litter bin will be sited along the spine path by the stream, to alleviate litter problems to the rear of Appletrees.

Parking outside School

The Clerk was requested to enlist the help of other official bodies to support the Parish Council in getting help from CCC Transportation Department to alleviate the present danger to children from parents' cars reversing/turning in the "Hammerhead".

"Keep Clear" markings in Chestnut Rise

The Clerk has received assurance that these markings will be removed in due course.

Charterhall Properties Ltd. - Proposed development.

An exhibition will be held in the Village Hall in the near future, showing the proposals in detail. Residents will receive notification and will be asked for their comments.

Concessionary bus passes

It was agreed that concessionary bus passes would be paid for by the Parish Council for all residents of Bar Hill eligible for them.

Mrs. C. McDermott,
Clerk to the Parish Council,
The Old Farmhouse, Bar Hill CB3 8DY,
780456 (Clerk available weekday mornings)



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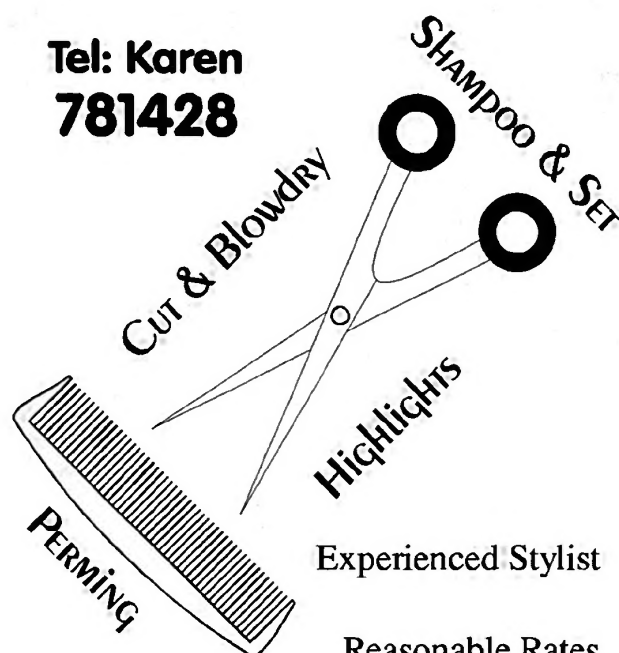
Tony Sugden M.R.T.C.M.

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Cambridge (0223) 237459

Hair at home

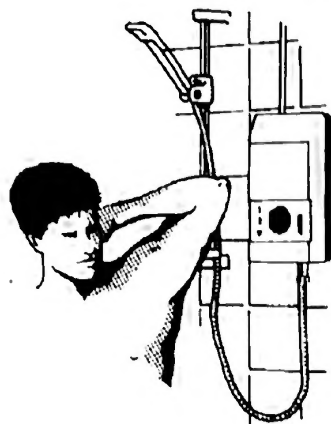
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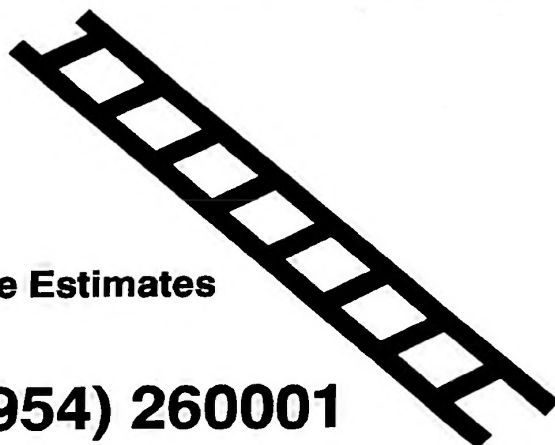
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The Nature Reserve

Dear Friends, the Reserve is looking as it should do - waterlogged; with all the recent rain the stream is flowing again and the small ponds are full. It will soon be time for me to check and clean out the nest boxes, ready for next year's residents. I will be reporting in the next newsletter who used what.

At this time of year the bird feeders and nut bags will be making an appearance again. Please remember that some peanuts contain "AFLATOXINS" which is a fungal infection which can kill birds. To make sure they live rather than die, please make sure you buy nuts which display the symbol 'We're Safe Nuts', from the 'Bird Food Standards Association'. Thanks.

We have recently had National Dormouse Week. One fact about dormice is that they sleep for seven months of the year, waking up for the summer and then going back to sleep again. When I mentioned this to a close friend of mine, she thought this was a brilliant way of life - sleep when it's cold, wake when it's hot.

Thanks to Nadia and Alison, both of The Brambles, who informed me that a badger was in Nadia's garden and in Alison's garage. It has since left the area. Thanks also to Mike Burley of Appletrees, who had a hedgehog hibernation box that was no longer needed and asked me if I wanted it - I did.

I'm on the cadge again! If anyone has any plywood they no longer need, please let me know as I need it to make next year's nest boxes for the Reserve. If anybody wants any plans to build nest boxes I have plans for everything from a wren box to a tawny owl box. Whilst I am on the subject of wanting things....if anybody has the odd pound coin lying about, it could go towards buying wood and nest boxes at the Reserve, thanks.

If anybody is interested, I have some raffle tickets issued by the British Trust for Conservation Volunteers, 50p a ticket, £1,000 first prize, and lots of other brilliant prizes, so hurry, they're going fast!

"The mole which tunnels underground performs this task without a sound and sightless. We see each mound."

Nick Richardson, Warden 781383



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781692

10.00 am - 7.00 pm

Weekdays (except Wednesdays)

Doctors

With the advent of a new partner here in Swavesey, we are beginning a new era for our patients.

Dr. Anne Lambert comes to us with many qualities and assets! As well as enjoying the thrills and spills of family life with three children, she has had considerable experience of general practice in this country. She has worked as a gynaecological Registrar in New Zealand, and is particularly interested in Obstetrics and Gynaecology, offering a comprehensive Family Planning service.

As we now have three partners, we are able to offer an increase in surgery appointments, with the addition of an extra evening surgery. We aim to commence Child Health Surveillance in December 1993.

Our lists are open for new patients.

We would like to take this opportunity to wish all our patients a healthy and happy Christmas.

With Greetings for the New Year,

Drs. Skinner, Taylor and Lambert,
58 Boxworth End, Swavesey, CB4 5RA.
0954 230202

Allotment & Gardeners' Society

The Committee is pleased to be able to announce that so far this autumn 44 plots have been taken and 7 more are expected to be let shortly. However, there are still 5 plots available, so if anyone else is interested in renting an allotment please contact the Treasurer, Jane Cullum (780573).

The Society could make good use of another petrol rotary mower and would be pleased to hear from anyone who has one which they no longer require. Our renewed thanks to those people who donated mowers earlier in the year: the work of keeping the allotments tidy has been made much easier by their generosity.

Janet Norris, Secretary.

Women's Institute

The next meeting will be the Christmas party on December 14th.

Would each member bring a plate, glass and a plate of food, please. Don't forget to bring your Christmas cards for the post box.

The committee are looking forward to the members entertaining them - it should be a nice evening. I would like to take this opportunity to wish all our members a Happy Christmas.

Joyce Smith 781782



South East Cambridgeshire Conservative Association

(Bar Hill Branch)



Future events

Sat 11 the December - 7.30 for 8.00pm. Christmas Buffet at 61 Foxhollow. Special guests for the evening - Jim and Ava Paice, together with Robert Sturdee, our candidate for the election next June, for the new Euro-Constituency of Cambridgeshire. Tickets £7.50 each from Iris Lay 780457 or Don Miller 780295.

January 1994 - Whist Drive - date and venue to be confirmed.

Advance Notice

James Paice M.P. will be holding a surgery at Bar Hill Village Hall on Friday 11th February. If you have any matter which you would like to raise with your M.P., 'phone Madingley 211450 for an appointment.

Labour Party

The Swavesey & District (which includes Bar Hill) Labour Party will be holding their Christmas Social on Sunday 12th December, starting at 12 noon. The event is open to all members, prospective members and supporters.

Please bring a bottle and some food.

For further details please contact:

Joanna Laver 781473

or Ken Prandy 780201

National Women's Register

Meetings start at 8.00 pm and are open to women of any age or status; working, housewives, retired or whatever. There is a charge of 40p per meeting to cover expenses. New members are always welcome.

Tues. 7th December - 34 Acorn Avenue:

Women alone - Cambridgeshire police will be talking about women out alone either driving, walking or cycling.

Mon. 20th December - 16 Acorn Avenue:

Eat, drink and be merry - celebrate Christmas with NWR charades and mince pies.

If you would like to know more, arrange a lift or have someone accompany you to your first meeting, please contact

Pat Smith 781505

Eight O'Clock club

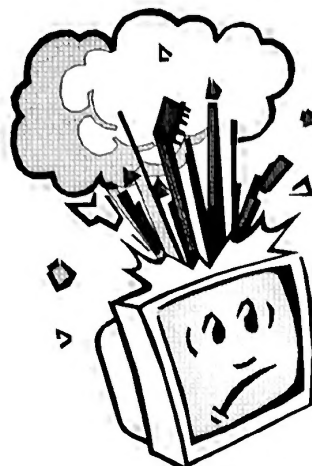
The 8 O'clock club meets on the 1st Thursday of each month at the school.

Dec. 2nd - Christmas Meal (members only)

Jan. 6th - Beetle Drive.



Barbara Page 780933



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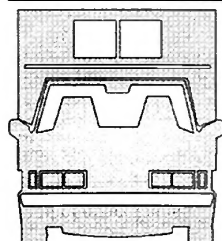
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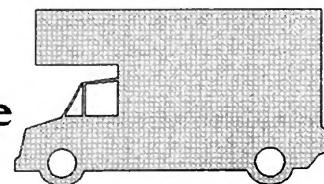
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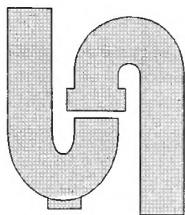
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8.00 - 12.00 pm Saturday 18th December

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2 - 5 pm 11th December
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Carol Service



Swavesey Village College
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 refreshments served afterwards
 Grand prize draw

**Swavesey Village College PTA
 Grand Car Boot and Jumble Sale**

Saturday 12th February
 Swavesey Village College
 (Look out for posters nearer the event.)

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Bar Hill PTA

Dates for your diary

Sat. 18th December	Christmas Dinner Dance
Sat. 15th January	Jumble Sale school 2-4
Sat. 12th February	Fish and Chips & Disco
Thu. 10th March	Annual General Meeting
Sat. 12th March	Auction of Promises (Promises needed!)

Further details from:

Margaret Carpenter 781192

Carol Lamont 781692

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Sat. 11th	Norwich	£6.00	£5.00
Wed. 15th	Peterborough	£3.75	£2.75
Sun. 19th	Lincoln Christmas Market	£7.00	£6.00
Tue. 21st	Peterborough	£3.75	£2.75

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Sat. 18th December Evening performance
Thurs. 23rd December Afternoon performance
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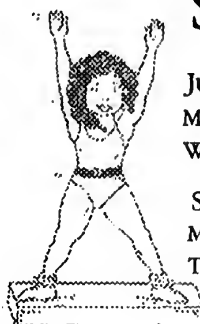
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The Sunshine Playgroup

The Sunshine Playgroup (the brightly painted building on the School grounds) is a small, friendly playgroup. We aim to provide a wide range of experiences through free and structured play in a caring environment. Our play leaders are Maggie, Liz, Linda, Linda, Gill and Jacky.



Session times :

Monday to Friday 9.15 - 11.45 am,

Monday to Thursday 12.45 - 3.15 pm.

If you are interested in a place for your child, please feel free to visit the playgroup at any session. Application forms are available from the playgroup, Health Centre, Library and from Lesley Kelly 782211.

The playgroup building can be hired for parties, events, meetings etc. Rates for hire are £2.50 per hour for block bookings, £8.00 for a party booking. Early booking is advisable. Phone Helen Gordon on 781930 for further details.

Diary Dates

Friday 10th December 1.00 - 3.00 pm

Get into the Christmas spirit with our sherry and mince pies afternoon. We look forward to seeing you there!

Friday 17th December 1.30 - 3.00 pm

Children's Christmas party with a magician. Just leave your child/children as you would on a normal session. The party is for Playgroup children only, with a charge of £1.50.

Julia Dyer (Chairwoman) 782150

Coffee & Kids



All adults and children under 5 welcome. Call in for a coffee (or tea) break while your kids play. Every Thursday 10.00 - 12.00 am in the School Community Lounge.

For further information contact Anne Tanner 780830

Organised by Bar Hill & District Childminders Association.
By kind permission of Roger Kilsby

Dry Drayton playgroup

A small friendly playgroup with qualified helpers, lots of space, and a good range of activities, in Dry Drayton Village Hall.

Meets Wednesdays, Thursdays and Fridays 9.15 - 11.45 am. Several vacancies available for children 3 - 5 years.

For details please contact Rose Waters 781036



Bar Hill Pre-School Playgroup

The Pre-School Playgroup is held in the Village Hall and is open to children from three years to school age.

Facilities include:

The messy room

This room is used for activities such as painting, drawing, water and sand play, cutting out, play-dough, and making seasonal items.

The play room

This room is used for encouraging creativity and imagination through the wide range of toys available such as jigsaws, books, games, dressing up clothes, kitchen, workbench, playshopping and many more activities.

The Playgroup sessions are run by our senior Playleader - Brenda, Playleader Heather and our two assistants Jan and Karen.

If any parents have any problems or queries concerning playgroup, please feel free to ask any of the staff or to telephone our chairperson Donna on 781949.

If you would like to have a look around or register your child, please feel free to pop in at any time, or contact our administrator, Jenny Dedman on 782037 before 7.00 pm.

Diary Dates

Sat 4th Dec. - Playgroup will be holding their Christmas Fair in the Village Hall 2 - 4 pm. There will be craft stalls, tombola, refreshments and of course Father Christmas in his grotto.

Fri. 17th Dec. - a Christmas party for all our children will be held at Playgroup. Times and entertainment to be announced later.

Thank you to all those who supported our jumble sale. Thanks also to all the children who supported our sponsored obstacle course. Amounts raised to be announced later.

Vacancies

Two Play assistants are required to provide relief for staff absences at Playgroup - £6 per session. Please phone Donna Storey 781949 for details. Finally, goodbye and good luck to all the children who are leaving to start school. We hope you all enjoy your Christmas.

Kirsten Goodfield 780250

Elsworth Playgroup

Meets Tuesdays and Fridays, from 9 - 11.45 am
Several vacancies available.

Contact Kate Clarke - Elsworth 7 - 612

Toy Library



We meet in the school studio on alternate Fridays during term time from 2.30 - 3.30 pm.

Session Dates: December 3, 17,
January 7, 21.

We are now able to deliver some of the larger items - ask for details.

Many thanks to all who supported our nearly new toy sale - details of how much we raised next issue!

Any queries contact Suc Jenkins 781165

Childminding

Going back to work ?

Need a minder ?

Contact Bar Hill Minders co-ordinator 780761
for a full list of minders and vacancies

Baby-sitting Circle

Do you have problems finding someone to look after your children while you have an evening out? Your problems are solved!

Bar Hill has two main baby-sitting circles, both run on a "token" system, which means that tokens are used as payment for a sitter - so no money changes hands. The other advantage is that your sitter will always be a mother, who, having children of her own, can be relied upon to act responsibly towards your children.

There is no obligation to baby-sit at any time and you can use the circle as often or as little as you want.

If you would like to know more about joining a circle, please contact either Chris McDermott 782401 or Jacky Amey 780249.

Under Ones

All babies under one and their mums/dads are welcome at 'Under Ones' which meets every Wednesday morning. The Church Centre is open from 10 - 12 noon for refreshments and a chance to meet other people with young babies. Expectant mums are also very welcome. We offer changing facilities, a good selection of toys and a well stocked library on all aspects of pregnancy and baby care.

If you would like any further information or if you would like contact with someone before coming along on a Wednesday morning please get in touch with me at 22 Stonefield.

Jacky Bowers 781977



Parent & Toddler group

Bar Hill Parent and Toddler group is run for the benefit of children aged 12 months to 3 years, in conjunction with their parent, minder, or grandparent, etc. in Bar Hill or surrounding areas.

The sessions are as follows:

Day Time Supervisor

Mon. 10.00 - 11.30 am Jo Hall

1.30 - 3.00 pm Jo Hall

Tue. 10.00 - 11.30 am Mary Wilby

1.30 - 3.00 pm Pat Collinson

Wed. 10.00 - 11.30 am Pat Collinson
(12 - 18 month Toddlers only)

Thu. 10.00 - 11.30 am Mary Wilby

Fri. 10.00 - 11.30 am Jo Hall

Toddler Group's activities range from messy play, painting, singing, and sand to large activity toys, and much more. Apart from giving you and your child the chance to take part in these activities, it allows you to meet other children of a similar age, and their parents. If you wish to attend any of the above sessions, please contact Cathy Free 782405.

Fees are payable termly and there are concessionary fees for single parents or those with special circumstances. (Please note, however, due to a tight budget, we are unable to give refunds for sessions missed due to illness, holidays, etc.). Please feel free to call in on any session before your child joins. The supervisor would be pleased to meet you.

Thank you to all who gave to and/or supported our Christmas Fayre. We will let you know in the new year how much was raised. We hope you all have a good Christmas and a happy, healthy New Year. Good Luck to the children leaving us for Playgroup.

The Committee

Cambridge & District

Woodcraft Folk

Foxglove Elfins

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The Woodcraft Folk have always been concerned with environmental issues and encourage an understanding of the need to protect our environment and the use of the world's resources. Whether in a rural or an urban area, members are encouraged to protect the interests of all.

To register your child contact Christine Welburn 782978. For further information and to arrange a visit contact Heather Sales 780859. Other leaders are Jo Griffiths and Heather Sinclair.

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Liz on 780808

Mondays:- Cherry Hinton - Community Junior School 7.30 pm

Wednesdays:- Arbury - Grove School 7.30 pm

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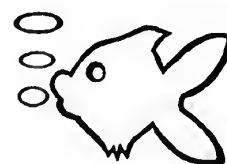
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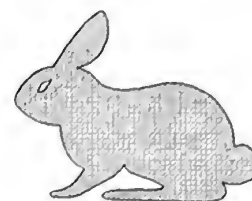
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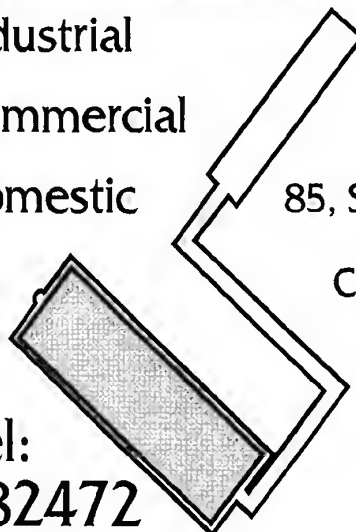
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Bar Hill Football Club

A third of the season has now passed, seeing a very good start from both the first and second teams' assault on their respective leagues.

The current positions see the first team in second place, 4 points behind "Queen's Arms" in the premier division. The second team are sitting proudly on top of division 3B, 6 points clear of their rivals.

Hard work for the rest of the season is required by both sets of managers and teams in order that they reach their goals. Therefore why not give them your support by coming down to the village green on a Sunday morning and cheering them on?

Forthcoming fixtures for December and January are as follows:

	First team	Second team
Dec. 5	Fulbourn Athletic (H)	Abington United (A)
Dec. 12	-	Tankard United Res.
Jan 2nd	Girton Eagles (A)	Eversden Res (H)
Jan 9th	Italcam (A)	Tankard United Res
(H)		
Jan 16th	L Cup 2nd round	-
Jan 23rd	-	Abbot Athletics (H)
Jan 30th	Fordham Crown Rangers(H)	Barnwell (A)

Steve Panter 781457



Swavesey Fencing Club

Swavesey Fencing Club is looking for new members. Whether you are an experienced fencer, or a complete beginner, please come along and meet us. We meet in the gym at Swavesey Village College 7.30 pm every Monday of the school term. We will provide equipment and tuition.

If you would like to know more, please contact Bob Powell, 2 Oatlands Avenue 780208.

Colts Football



Whilst it is still early in the season, one of our teams is maintaining a standard that we all need to aim for. With 9 matches played, the U 11's team have chalked up 9 victories, and progressed through to the advanced stages of both the U 11 League cup and the East Anglian (EASY) cup. Well done to Mick Brown, Ray Mole and the lads! Also advancing in the EASY cup are our U 14's, who are both through to the third round at their respective age levels. Performance of the season to date goes to the U 10's in their first league season. They recently scored 14 goals against Over for no reply.

With all the league and cup activity, it's easy to forget the younger lads at U 9 and U 8. Well, both have played a few friendlies, with the U 8's having played two and lost both games. The U 9's have fared better, with two wins and two losses.

Fundraising

The jumble sale held last month raised a much needed £211 for Club funds.

Social Events

The now famous Colts New Year's Eve Disco is again being held in the Village Hall. Tickets, available from team managers, are initially on sale to Colts club members and their parents (yes, the kids have got to keep their parents in order again). Any surplus tickets will be on general sale in early December. Please note, all children must be accompanied by their parents at this event.

I would like to take this opportunity, on behalf of the Colts committee, to wish a very merry Christmas and Happy New Year to all the club's players, parents and supporters.

Neville Watson

Moat House Junior Squash

October and November League matches were fiercely contested but eventually won by all our teams, Division II team (Simon, Jane and Fiona) winning against Melbourn 3 - 0 in October and 3 - 0 against St. Ivo IV in November. Our Division III team (Katy, Asa and Mark) won 2 - 1 against both Crown II and Royston I in October and winning 3 - 0 against both Cambs. III and Cambs. II in November. Division IV (Under 12) team (David, Richard and Lorraine) played against Abbotsley II Fenland II, winning both matches 3 - 0 in October, and in November winning 3 - 0 against Crown II. A very good start to our season, winning 25 out of 27 matches played to date.

Our next League match will be on 12th December for Div. II only and will be played at St. Ivo, starting at 3 pm. There will be friendly matches on this date at Fenland for our other teams. The next home fixture will be on 16th January at 3 pm for Div IV against Cambs. VI and St. Ivo VII.

The Player of the Month trophy for November goes to Lorraine Lamont.

Waterlogged pitches do not stop us from playing squash. This is a game for all seasons, so why not come along and find out what it is all about? Our Junior membership fee is only £16 a year. For further information about Monday and Tuesday classes please contact Joycelyn Morley 781508.

Once again the festive season is upon us and the Social Club is busy preparing itself for the season of goodwill to all men (some hope!).

**BAR HILL
SPORTS
AND
SOCIAL
CLUB**

Seriously though, the decorations and tree are due to go up Monday 6 December, the Christmas Raffle is now well under way and the draw will be held on Thursday 23rd December starting at 7.30 pm. So don't leave it to the last minute to buy your tickets. Don't forget all the monies received from the sale of tickets goes back in prizes and to give some idea, last year we sold over £1,500 worth of tickets and had over 50 prizes (work it out).

Dates for your social filofaxes (do people still use them or are they another unwanted Christmas present that doesn't get used after February ?):-

- 03 December Cadiz
- 20 December "Throstles" Christmas raffle
- 24 December Murder and Mayhem
- 25 December Merry Christmas
- 31 December Cadiz to welcome 1994
- 28 January Jono

For those who are new to Bar Hill or still cannot find the Social Club we are situated on the first floor of the Village Hall which in turn is the funny shaped red roofed building on the Village Green.

We will be open on Christmas Day lunchtime from 11.00 am. until 1.00 pm. and look forward to seeing you.

As you have seen above, on New Year's Eve we once again have "Cadiz" to entertain us through to 1994. From past experience it is advisable to be at the Club early as seating is limited and numbers may have to be limited as well.

On behalf of the Officers, the Committee, Anne, Sue and the Staff may Bar Hill Sports & Social Club wish you all a very merry Christmas and hopefully a prosperous New Year.

P.S. It may not be a Booker candidate or in the same league as Jeffrey Archer but look out for latest block buster novel to hit Bar Hill "Bilbao and Back - The Loveboat". The true story of an epic journey to Northern Spain. Love, drama, suspense - and that is just Darren's story!

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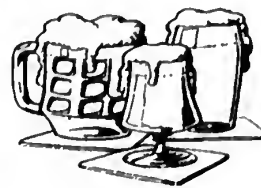
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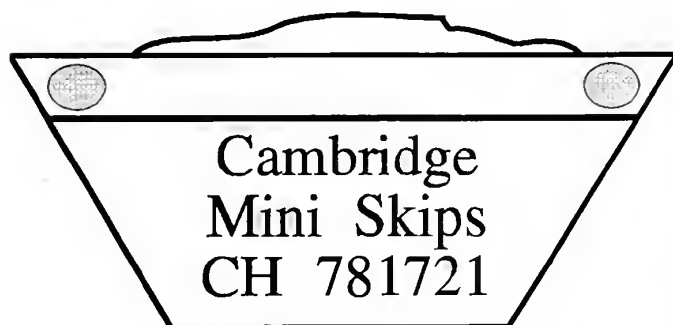


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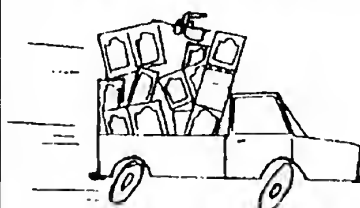
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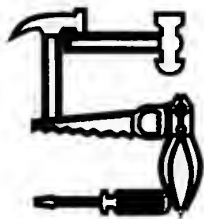
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Yoga evening class in Bar Hill

The Community Lounge has proved an ideal venue for our Monday morning Yoga class (now in its 4th year). I would like to start an evening class there in the New Year, and am inviting anyone interested to contact me - preferably before December 15th, so that we can decide on a suitable day and time together. The room will accommodate a maximum of 10 people.

Yoga has become well-known in the west as a system which keeps the body supple and healthy, and also reduces stress in the mind. The method I teach develops the breathing through exercise, so that the body can work within safe limits and the mind remains peacefully focused. We use traditional postures, modifying them so that students' individual needs are respected.

Please do get in touch if you would like to know more. Details of arrangements for the class will appear in February's Bar Hill News.

Gill Wills. 780551

International Women's Group



It is a great chance to meet new people, get some information about the village and surrounding area, learn about other cultures as well as having coffee/tea and biscuits.

If you would like to know more about the group or would like to come for the first time, phone Anne Tanner 780830, Katie Sheldrick 789088 or Julie Zuiderwijk 781934.

Comets Netball Club



The club was founded in 1991 when we played as the "Arrows" second side in Division 4 of the Cambridge and District Netball League (CDNL). At the end of the 1991/2 season we established ourselves as Comets and in 1992/3 finished in 6th place in Division 3.

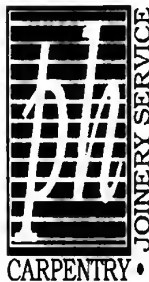
The CDNL is the local league for this area and is headed by a Premier Division with the top teams coming from Cambridge and Peterborough. The CDNL recently changed its format from 4 to 5 Divisions, each containing 7 teams. This season we have entered a second team into a mid-week "friendly" Cup League, with a hope that, in the future this team will also join the CDNL. Throughout the winter we train once a week on Monday evenings at Bar Hill School between 8 and 9.30 pm. Players of any age or ability are welcome to join us. The cost of training for the winter season (September - March) is £30 but for the first two weeks new players are invited to come to training free of charge. In addition to playing netball all members participate in raising money to reduce the cost of subscriptions and to help local charities.

Our latest results from the Cambridge and District Netball League were:

Cottenham 30 - Comets 37

Jets 22 - Comets 35

For further details contact Mandi Savage, Club Secretary 789330



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Schools with a Catholic content

Junior and Infant (5-11) St. Albans, Union Road, Cambridge. Cam 350026.

St. Laurence, Arbury Road, Cambridge. Cam 357125.

Secondary (11-16) St. Bede's Inter-Church, Birdwood Road, Cambridge, Cam 248660.

Secondary (11-18) St. Mary's High School, Bateman Street, Cambridge, Cam 63480.

Religious Education for Children not attending Catholic schools, contact:

5-11 year olds Martin Franks Cam 357787

11-14 year olds Bunty Waters 781493

Happy Hours

Bar Hill Senior Citizens club

(now known as the recycled youth club!)



Our sincere thanks go to the Carpenters who produce this unflinchingly every month - our many grateful thanks. It is the appropriate time of the year to wish all the committee and members a Happy Christmas and Prosperous New Year on behalf of our Chairwoman "Madam Phyllis" and to extend our sincerest greetings to all clubs and everybody else in the "hamlet" of Bar Hill. Thank you for your support and great interest in the "oldies".

Book of Constitution . We will soon be circulating the constitution to all members, stating our aims and purposes in running this great organization. Because of its popularity and confines of space we have limited our total number at any one time to 100, so if you are approaching that golden era of retirement put your name down now!

Now to our "sick parade". Nelly and Winn Asprey are back, both looking as young as ever. Lovely to see you over your problems and able to join our festivities again. On a much sadder note, Lillian Gilbert passed away on the 5th November. God rest her soul, she was indeed one lovely woman and we will miss her and that lovely smile. Our heartfelt sympathy goes to her family. We have yet to welcome Gladys Brand and Lucy Coop back - we sincerely hope they are both recovering. Get well soon!

We welcome back that great cricket enthusiast Neville Clark. He was at the crease, 62 not out, playing for Papworth Hospital when a short delivery reared up, hit him straight in his protection box and lodged there; fortunately, Papworth being close at hand he was duly carted straight into the operating theatre and operated on. After four by-pass operations he was discharged "fit and well". It has been universally agreed that he continues his innings and here's hoping he makes his ton. Get well Nev. Incidentally, the bowler was Fred Collins; as most of you know he is one hell of a bowler both on the short and long greens and as one young lady enthusiast remarked at a recent match "he does produce magnificent googlies".

A great welcome back to our Sid who has spent ten days in hospital. The paramedics almost killed themselves laughing when they took him to hospital. They asked what he had been doing the previous day, and he related that he had had his usual Monday at "Happy Hours", setting up tables, putting out 80 chairs, setting up the dart board, table tennis, etc etc., and if that wasn't enough he entered the practice for the birthday party "Suffragettes". No wonder they were amazed. I am sure Sid would like me to thank you for your good wishes and "get well" cards whilst he lay in bed. During this time, Ruby was visiting Sid in hospital, taking care of his usual duties, taking round your birthday cards etc.. Just what would we do without them? I do from time to time express my thanks to those members who stay behind on a Monday to help clear up - it is indeed appreciated; please continue to do so, none of us are getting any younger. I cannot conclude this article without thanking our lady Chairperson (my wife). Happy Christmas Phyllis from the "Happy Hours" Club, for all you do throughout the year.

Annual General Meeting

Our lady Chairwoman was so delighted with the wonderful turnout for the AGM; she thanks you all. By the time you receive this we will have had our Birthday party, Christmas Party and our shopping trip to Nottingham. Sid and Ruby have put their heads together to think up trips and activities for 1994 - what would we do without them?

Bournemouth holiday 14 - 21st May 1994 .

Numbers are steadily mounting. As you already know the cost is £179 (plus insurance if you require it.) Deposit £30 to secure your place. Sorry, no single rooms, the only accommodation available is either twin- or double-bedded rooms. Are you prepared to double up? You will enjoy yourselves.

Christmas Carols

A couple of years ago we held two-one sessions of carol singing outside TESCO's, and in the two-one sessions we collected over £160. It is our earnest intention to do the same this year for the Addenbrooke's Scanner Appeal - a cause worthwhile supporting for everyone. We hope to provide the tambourines, clappers, etc and we are asking for **anyone in the village in addition to the Happy Hours members** to come along . I can assure you that you will enjoy yourselves - it's certainly great fun. Just come and meet us outside TESCO's on Tuesday 21st December at 6.30 pm. If you need more information please contact me on **781124**. Many thanks.

Jimmy James, Secretary, **781124**

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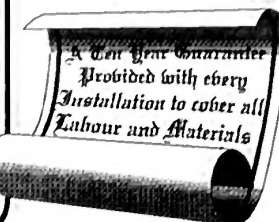
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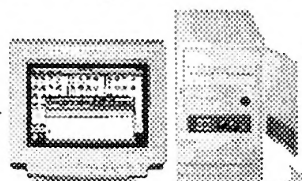
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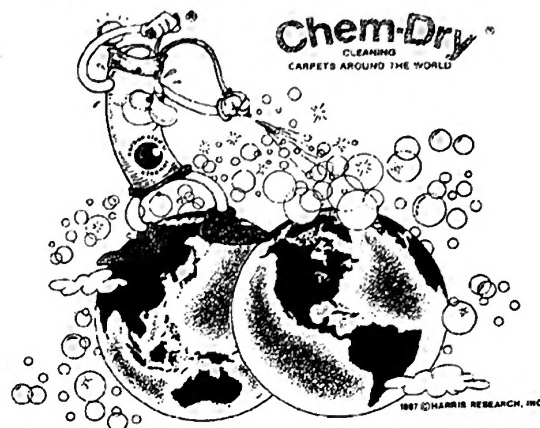
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Church Services

Sun 5th	10.00 am	Family Communion
		Preacher:
		Rev. James Newcome
		Sermon series:
		8: Commandment
	5.00 pm	Christingle Service
Sun 12th	10.00 am	Morning worship
		Preacher:
		Rev. James Newcome
		Sermon series
		9: Commandment
	7.00pm	Confirmation service with Holy Communion
		Preacher: The Bishop of Ely
Sun 19th	10.00 am	Holy Communion
		Preacher:
		Rev. James Newcome
		Sermon Series:
		10: Commandment
	8.00pm	Village Carol Service
Wed 22nd	2.30 pm	Senior Citizens Carol service

Christmas Services

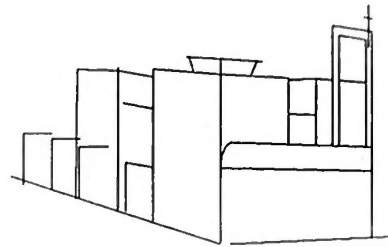
Christmas eve

Fri. 24th	2.15 pm	Children's gift & crib service
	4.00 pm	Marriage Blessing
	6.00 pm	Roman Catholic Mass
	11.30 pm	Midnight Communion

Christmas Day

Sat 25th	10.00 am	Family Service with Holy Communion
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Sun 26th	10.00 am	Morning Worship
		Preacher: Mr. Philip Smith
	12.00 noon	Roman Catholic Mass
	7.00 pm	Open to God



You are most warmly invited to all services in Bar Hill Church Centre, especially over the Christmas period. Please note that the **Village Carol Service** is on Sunday 19th December at 8 pm, and the 10 am service on **Christmas Day** will be a Family Service which will include a simple celebration of the Lord's Supper. The annual **Christingle** service is on Sunday 5th December at 5 pm and the special **Senior Citizens Carol Service** is on the Wednesday before Christmas at 2.30 pm. If you would like to know more, please contact James Newcome 781629 who will be glad to hear from you.

Also, please note that on Sunday **12th December** the Communion Service will be at **7 pm rather than 8 am** due to the visit of the Bishop of Ely for a joint Confirmation.

Catholic Church of Our Lady and The English Martyrs,

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(The Catholic Church which serves Bar Hill)

Parish Priest: Mgr. Tony Philpot, Cambridge 350787
 Assistant Priests: Fr. Russell Frost,
 Fr. David Jennings **Priest with responsibility for Bar Hill**
 Deacons: Rev. Robert Joyce, Tony Northrop, Tony Sutton,
 Rev. Martin Franks, **with responsibilities for Bar Hill** , Cam 357787

Masses in the Parish Church in Cambridge

Weekdays	Sunday
Mon. 8 am & 12.15 pm	8.00 & 9.30 am
Tues. 7.30 pm	10.45 am Sung English
Wed. 8 am. & 12.15 pm	12.00 am Polish
Thu.. 8 am & 12.15 pm	3.45 pm Italian
Fri. 12.15 pm	5.00 pm
	6.15 pm Sung Latin

Saturday

6.00 pm	First Mass of Sundays
also	
6.00 pm	at Bar Hill Church Centre

Christmas services;

Masses will be on Friday 24th December at 6.00 pm and on Sunday 26th December at 12 noon at Bar Hill Church Centre.

Holydays of Obligation: 8.00 am,
10.00 am, 7.30 pm

Sacrament of Reconciliation :

Tuesday 7.15-7.30 pm,
Saturday 10.30-11.15 am,
4.30-5.15 pm, 7.00-7.45 pm

(Details of other services are published in the weekly news letter which is available at the 6.00 pm Mass each Saturday - copies are available in the Church Centre.)

Diary for December 1993

Thu. 2nd	8.00 pm	8 O'Clock Club Christmas meal	School
Fri. 3rd	2.30 - 3.30 pm	Toy Library	School
	9.00 pm	Cadiz - duo	Social Club
Sat. 4th	2.00 - 4.00 pm	Pre-school Playgroup Christmas Fair	Village Hall
Sun. 5th	2.00 pm	Carol Service - Swavesey	Swavesey V.C.
	5.00 pm	Christingle	Church Centre
	7.30 pm	Bingo	Village Hall
Tues. 7th	7.00 pm	Table Tennis	School
	8.00 pm	NWR - Women alone	34 Acorn Avenue
	8.00 pm	PTA Committee meeting	School
Thu. 9th	7.30 pm	Royal British Legion	Farmhouse
Fri. 10th	1.00 - 3.00 pm	Sunshine Playgroup - sherry & mince pies	Sunshine Playgroup
Sat. 11th	2.00 - 5.00 pm	Scout Bazaar	Scout Hut
	7.30 pm	Christmas Buffet - Conservatives	61 Foxhollow
Sun. 12th	7.30 pm	Bingo	Village Hall
Mon. 13th	8.00 pm	Residents Association Committee	School
Tue. 14th	7.00 pm	Table Tennis	School
	7.30 pm	W.I. Christmas Party	School
Fri. 17th	1.30 - 3.00 pm	Sunshine Playgroup Christmas Party	Sunshine Playgroup
	2.30 - 3.30 pm	Toy Library	School
Sat. 18th	8.00 pm	PTA Dinner Dance	School
Sun. 19th	8.00 pm	Village Carol Service	Church Centre
	7.30 pm	Bingo	Village Hall
Mon. 20th	8.00 pm	NWR Christmas Celebration	16 Acorn Avenue
Tue. 21st		End of term - Bar Hill School	
	6.30 pm	Carol Singing with "Happy Hours"	outside TESCO
Wed. 22nd	2.30 pm	Senior Citizens Carol Service	Church Centre
Sat. 25th	10.00 am	Christmas Day - Family Service	Church Centre
Fri. 31st	9.00 pm	Cadiz - Social Club New Year's Eve	Social Club
		Bar Hill Colts New Year's Eve Disco	Village Hall
Happy New Year !			
Wed. 5th		New Term begins - Bar Hill School	
Thu. 6th	8.00 pm	8 O'clock club Beetle Drive	School
Fri. 7th	2.30 - 3.30 pm	Toy Library	School
	8.00 pm	Public Meeting - Local Government Review	Village Hall
Sun. 9th	7.30 pm	Bingo	Village Hall
Tue. 11th	7.00 pm	Table tennis	School
Thu. 13th	7.30 pm	Royal British Legion	Farmhouse
Sat. 15th	2.00 - 4.00 pm	Bar Hill PTA Jumble Sale	School
Sun. 17th	7.30 pm	Bingo	Village Hall
Fri. 21st	8.00 pm	Residents Association AGM	School
	2.30 - 3.30 pm	Toy Library	School
Sun. 23rd	7.30 pm	Bingo	Village Hall
Tue. 18th	7.00 pm	Table tennis	School
Wed. 26th		Dick Whittington - Dry Drayton	Dry Drayton Village Hall
Fri. 28th	9.00 pm	Jono	Social Club

See you all in February 1994 !